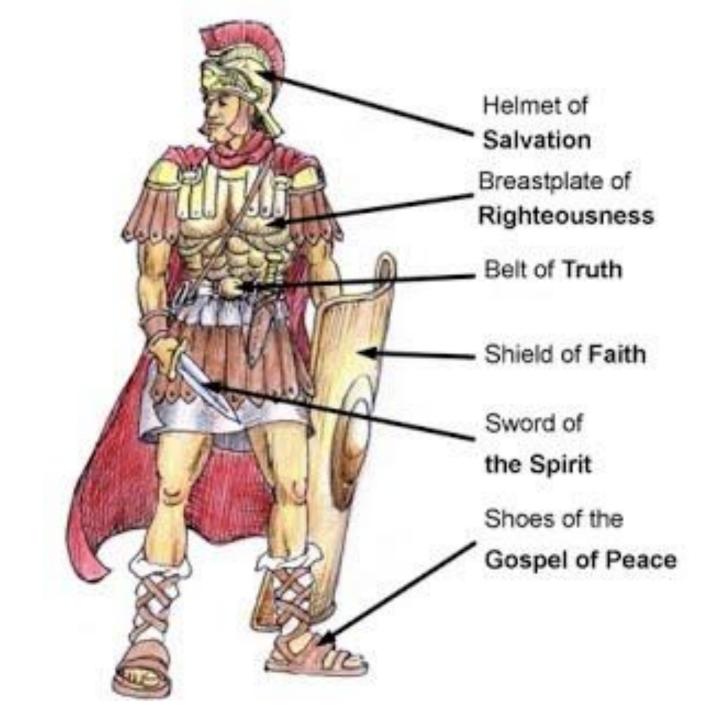


Welcoming • Compassionate • Learning • Active • Diverse



# **Questions for Individuals and Groups:**

### **Read again Ephesians chapter 6 verses 10-20**

- How much does the language of a spiritual struggle between good and evil chime with your experience?
- Can you give an example of when you've felt some opposition when trying to do what God wants?
- Which piece of the 'armour of God' appeals to you right now?
- Is there a piece of the armour you need to learn more about?
- Think: who needs the message of the gospel of peace at the moment? Are you ready to share it?

#### Older people

- Handwash
- Handcream
- Puzzle books
- Jigsaws
- Magazines (uplifting ones!)

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- Hand written notes / letters
- Colouring books and pencils
- Hamper style goodies
- Sweet treats

## Families

- Hamper style goodies
- Pencils and colouring books
- Jazzy pens
- Magazines: adult's / children's
- Drawing paper / sketch books
- Sweet treats
- Puzzle books
- Educational books
- Little games e.g. Top Trumps

#### More details <u>here</u>.