

REMINDER

You are not your grades

Your mental health is
more important







Questions for Individuals and Groups:

Read again Mark chapter 4 verses 21 to 34:

- In the video, Sue shared honestly about how lockdown has not been all she hoped for. Five months in, how has it been for you?
- Do you sometimes feel like God's activity in the world seems small, hidden, covered up? Give an example.
- Where do you see glimpses of God's light shining, or small seeds growing at the moment?
- What have you found helps you to hold on to faith, hope and love in troubled times?

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