## Questions for Individuals and Groups:

Read again Mark chapter 6 verses 30-44:

- Have you ever worried about how you would get food to eat?
- 'Come with me...and get some rest', said Jesus. Have you been able to find time for the rest you need, and for time with God recently? What does that look like for you?
- 'You give them something to eat'. What part can you and I play in making sure people don't go hungry, locally and around the world?