

20 Ways To Help Save The Planet

Our small actions become habits that help change our hearts about caring for God's creation. When we all make small changes, together they make a big difference!

Which one will you choose?

Plastic

- Take home less plastic – buy loose fruit and vegetables
- Don't go disposable – use bars of soap instead of liquid handwash
- Slow fashion – buy fewer clothes that last longer
- Greener toys – buy wooden toys instead of plastic ones

Energy

- Draughtproof your home – put draughtproof strips on doors and windows
- Save water – have shorter showers
- See the light – replace all lightbulbs with LED ones
- Greener energy – switch to a green energy supplier

Travel

- Use your car less – walk to school, work or the shops
- Carshare – share lifts to school, work or the shops
- Go electric – could your next car be a hybrid or fully electric car?
- Holiday nearer home – visit more local destinations instead

Food

- Eat less meat – have a meat-free dinner once a week
- Buy local – get fruit and vegetables that are grown locally
- Boil what you need – only fill your kettle to boil the water you need
- Avoid wasting good food – make a shopping list of what you actually need and stick to it

Garden

- Grow your own food – vegetables, salad or herbs are easy to grow in the garden
- Water wisely – get a water butt and use hosepipes less
- Compost – put peelings, dust and garden waste in a compost bin
- Support wildlife – feed the birds or have a wildflower area

Take a moment to think and pray, then resolve to do one of these small but significant actions to help save the planet. Then write it down on a post-it, take it home and put it somewhere to remind you!