## God still speaks... through the book of Psalms

(A way to begin listening for a word from the Bible for someone)

Quieten your mind, focus on Jesus, ask Him to speak to you.
Think of someone God would like to bless.

- Think of a number between 1 and 150 (that's how many psalms there are!)
- If a number comes into your mind, don't dismiss it go with it!
- Now think of a second number. Again, don't dismiss it go with it!
- The first number is the psalm. The second number is the verse.
- Look it up in a Bible.
- Does it feel like this might be a word for that person?
- If so write it down and pass it on!